

NIKE WOMEN'S MARATHON

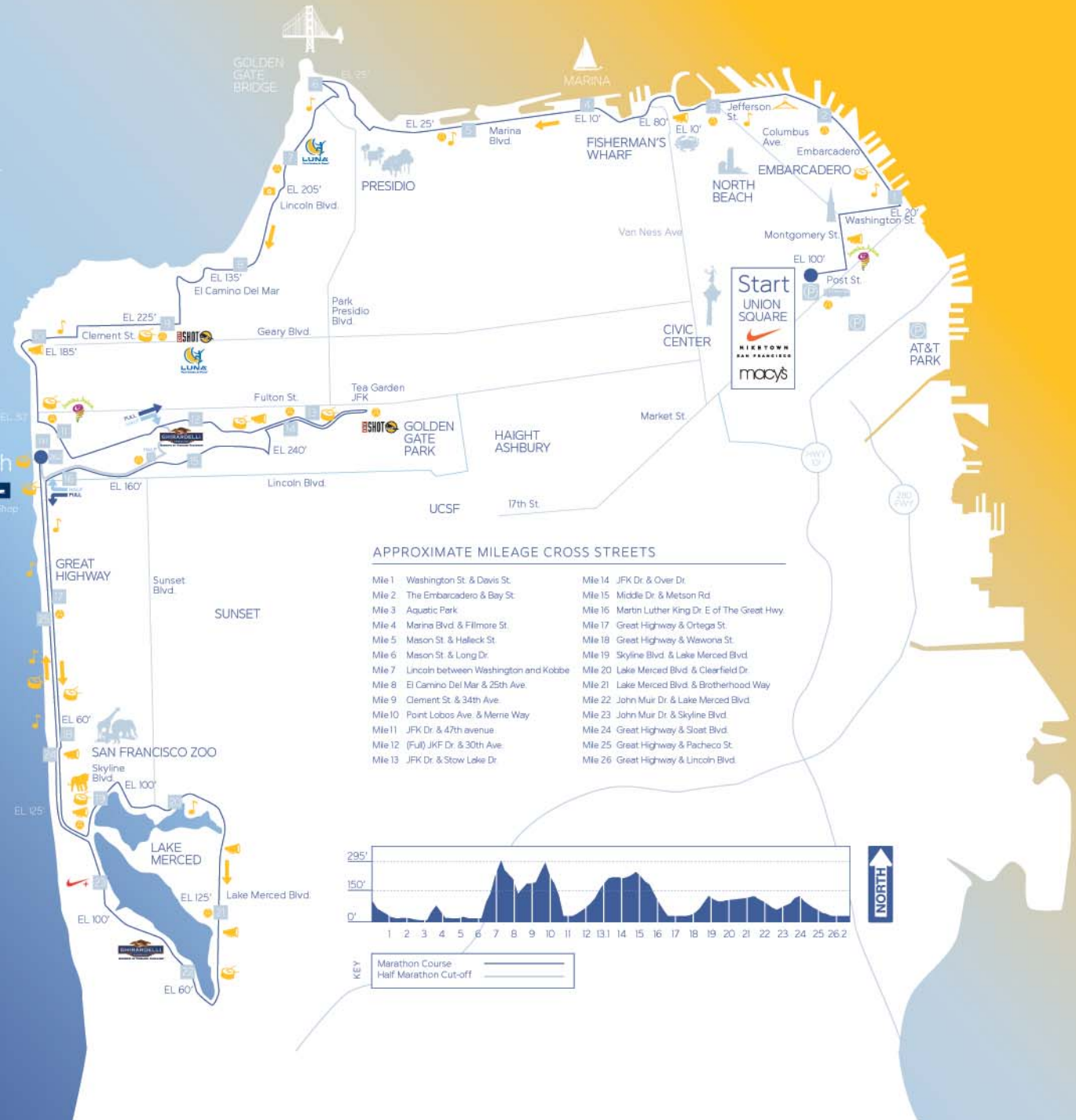
A RACE TO BENEFIT THE LEUKEMIA & LYMPHOMA SOCIETY



COURSE MAP

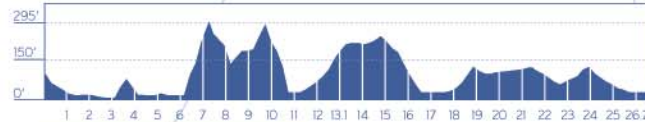
ON COURSE LOCATIONS

-  Aid Stations and First Aid
-  Cheer Stations
-  Coat Check (Mile 2.5)
-  Oxygen Bar (Mile 6.8)
-  Pedi-Care (Mile 13.4)
-  Animal Crackers (Mile 18.5)
-  DJ Stations (Various Locations)
-  Entertainment
-  Photo Opportunity
-  Nike+ (Test station at Mile 2.3)
-  Gatorade (Gatorade Endurance Formula provided at each aid station)
-  Earth Water (provided at each aid station)
-  Jamba Juice (Mile 5 and 11)
-  Luna (Mile 9)
-  Clif Shots (Mile 9 and 13.5)
-  Ghiradelli Chocolate (Mile 11.9 on Half and 22.7)



APPROXIMATE MILEAGE CROSS STREETS

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| Mile 1 Washington St. & Davis St. | Mile 14 JFK Dr. & Over Dr. |
| Mile 2 The Embarcadero & Bay St. | Mile 15 Middle Dr. & Metson Rd. |
| Mile 3 Aquatic Park | Mile 16 Martin Luther King Dr. E of The Great Hwy. |
| Mile 4 Marina Blvd. & Fillmore St. | Mile 17 Great Highway & Ortega St. |
| Mile 5 Mason St. & Helleck St. | Mile 18 Great Highway & Wawona St. |
| Mile 6 Mason St. & Long Dr. | Mile 19 Skyline Blvd. & Lake Merced Blvd. |
| Mile 7 Lincoln between Washington and Kobbie | Mile 20 Lake Merced Blvd. & Clearfield Dr. |
| Mile 8 El Camino Del Mar & 25th Ave. | Mile 21 Lake Merced Blvd. & Brotherhood Way |
| Mile 9 Clement St. & 34th Ave. | Mile 22 John Muir Dr. & Lake Merced Blvd. |
| Mile 10 Point Lobos Ave. & Merrie Way | Mile 23 John Muir Dr. & Skyline Blvd. |
| Mile 11 JFK Dr. & 47th avenue. | Mile 24 Great Highway & Sloat Blvd. |
| Mile 12 (Full) JFK Dr. & 30th Ave. | Mile 25 Great Highway & Pacheco St. |
| Mile 13 JFK Dr. & Skow Lake Dr. | Mile 26 Great Highway & Lincoln Blvd. |



KEY
 Marathon Course
 Half Marathon Cut-off